

Storytime *with* etv

Learning Activity

Little Doctor and the Fearless Beast

By Sophie Gilmore

Courageous, heroic and brave, are words that can be used in place of fearless. Can you recall a time where you were fearless? Would you like to be more fearless? If you would like to practice. We have an activity. Here's what you'll need:

2 paper lunch bags

Crayons, markers, or color pencils

Yarn, ribbon, stickers or other art accessories

Glue

Now, use these materials to create a puppet version of yourself and one of a beast. To create the puppet, lay the flat side of the lunch bag down on a flat surface. The flap should be on top. On the flap, draw eyes and use your art materials to add hair, clothing, and another other features you want your puppet to have. Do the same for the beast.

After you've created both puppets, stick one hand inside of each bag to make your puppets speak. Then, act out scenes where you are being fearless.

The more you practice. The more fearless you become!

Sophie Gilmore

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