Growing Up With Smart Cat
Hey Y´all!

I´m Dr. Frazier and I work at SCETV, one of the coolest places in South Carolina! Do you know why SCETV is so cool? Because we get to do and make really fun things, learn a lot, and hang out with friends like Smart Cat!

Smart Cat is curious, brave, kind, and growing everyday... just like YOU! He makes healthy choices, and he can dance too! Our team created this workbook so that you can get to know yourself and Smart Cat a little better. We also hope that you learn some new things along the way.

Make sure you look out for Smart Cat on your SCETV or PBS Kids Channel! Also, don´t forget to ask an adult to sign you up for the Kids Club, so you can get cool prizes and invitations. Your caregiver can also get messages for parents through Bright by Text. We want to stay in touch!

The whole SCETV team hopes that you enjoy completing the workbook. Remember the Smart Cat pledge. There is nothing you can´t be...you´re a smart kid in SC!

Visit www.scetv.org/scetv-kids-club for more information.
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**Learning Outcomes Key**

1. Approaches to Learning & Inquiry  
2. Physical Development, Self-Help & Motor Skills  
3. Emotional & Social Development  
4. Mathematical Thinking  
5. Language & Literacy Development  

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These readiness activities were designed in alignment with the SC Profile of the Ready Kindergartener.
Healthy ABCs

A-Apple
B-Banana
C-Carrot
D-Dragonfruit
E-Egg
F-Fish
G-Grape
H-Honeydew
I-Iceburg Lettuce
J-Jelly
K-Kiwi
L-Lemon
Writing My Name

It's time to practice spelling and writing your name! Use the letter bank below and circle the capital letter for your first name. Next, circle the lowercase letters for the rest of your name. After that practice writing your name in the blanks!

Aa  Bb  Cc  Dd  Ee  Ff  Gg
Hh  Ii  Jj  Kk  Ll  Mm  Nn
Oo  Pp  Qq  Rr  Ss  Tt
Uu  Vv  Ww  Xx  Yy  Zz
Check out the health snack recipes below. Make sure you find a trusted adult to help you and have fun making these health snacks. Don’t forget to remember your allergies, if you have them.

**A Healthy Happy Face**

For this recipe, feel free to use whatever fruit and vegetables you would like to make your healthy happy face! Some other fruit and veggies you can use are grapes, oranges, carrots, watermelon, pineapples, strawberries, celery, or anything else you find tasty and healthy! If you need to cut slices, please make sure to get help from a trusted adult.

**Ants on a Log**

Ants on a Log are an all-time favorite! All you need are some raisins, peanut butter, and celery sticks! Make sure your celery is cut into halves. Spread peanut butter on the top of the celery sticks and sprinkle the top with raisins.

**A Colorful Salad**

There are so many ways to make a salad! Some people like fruit in their salads. Some people like nuts and meat in their salads. What do you like in yours? For this recipe, put your green vegetables, such as lettuce and spinach in a bowl. Next, grab your favorite toppings and place them in the bowl. Some things you may like in your salad are tomatoes, cucumbers, carrots, olives, cheese, fruit, or lunch meat. Make sure a trusted adult helps you slice your toppings. Lastly, if you like dressing on your salad, add it on top of your toppings. Then, enjoy!

*For more fun and healthy recipes, check out [www.pbs.org/parents](http://www.pbs.org/parents)*
Below are some sight words and pictures. Draw a line to match each sight word to the picture.

1. Cat
2. Bike
3. Dog
4. Boy
5. Car
6. Girl
7. Pan
8. Sun
9. Bag
10. Hat
Creating Sentences with Smart Cat

Use the word bank to fill in the blanks. Read the sentences aloud once you have filled in the blanks. Use the extra lines below to practice creating more sentences.

The apple is __________.

The __________ is big.

I like __________.

Some grapes are __________.

Drinking __________ will give me strong bones.

Word Bank

Bananas
Orange
Red
Purple
Milk
A story about ME!

Draw a picture to complete each phrase.

My favorite food is...

My favorite color is...

My favorite place is...

Something I like to do...

A person I love is...

My favorite animal is...
For each number, trace the numbers twice, then trace the spelling, and finally tally!

<table>
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<tr>
<th>Copy Me!</th>
<th>Trace</th>
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<th>Tally Marks</th>
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Add and subtract and write or draw your answers on the lines.

Addition & Subtraction with Smart Cat

Add:
- Apples: 3 + 4 = 
- Peaches: 6 - 3 = 
- Oranges: 4 + 3 = 
- Strawberries: 6 - 2 = 
- Bananas: 1 + 2 = 
- Carrots: 3 - 1 = 

Subtract:
- Apples: 7 - 3 = 
- Peaches: 5 - 2 = 
- Oranges: 7 - 4 = 
- Strawberries: 8 - 5 = 
- Bananas: 3 - 1 = 
- Carrots: 4 - 2 = 

Answers:
- Apples: 7
- Peaches: 3
- Oranges: 7
- Strawberries: 3
- Bananas: 3
- Carrots: 2
Smart Cat’s uncle gave him 1 dime, 1 nickel, and three pennies to save in his piggy bank. How many cents did Smart Cat’s uncle give him? ______________
Smart Cat had a lot of fun catching ladybugs at BK’s house. Can you help him count his collection? On each line, write the number of ladybugs in the circle.
Smart Cat is learning how to identify patterns. Can you help him by drawing the shapes that come next on each line? Try making your own pattern in the empty space at the bottom when you are done!
Learning Safety Equipment

All the items below will help Smart Cat be safe when riding his bike! Use the word bank below to label each item.

Word Bank
- Helmet
- Sneakers
- Elbow Pad
- Bright Shirt
- Knee Pad

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Help Smart Cat get through the maze to the finish line! Can you find a path?
Sometimes learning to ride a bike is scary. It is ok because everybody has feelings. It is healthy and important to recognize your feelings. Try the activities below to learn more about expressing your feelings.

**Circle how you feel today.**

- Happy
- Sad
- Okay
- Tired
- Excited
- Shy
- Mad
- Silly

**Circle how you want to feel tomorrow.**

- Happy
- Sad
- Okay
- Tired
- Excited
- Shy
- Mad
- Silly

Try making your own faces to describe other feelings!
Smart Cat is feeling sick! Circle everything that he needs to do or things he can use to make sure he does NOT spread germs to his family and friends and get well!
The FIVE Senses

**Touch**
With our hands, we get to learn how things FEEL. What is something you have TOUCHED today?

**Smell**
With our noses, we learn how things SMELL. What is your favorite thing to SMELL?

**Sight**
With our eyes, we are able to SEE things. What do you SEE right now?

**Hearing**
With our ears, we are able to HEAR sounds. What is something you have HEARD today?

**Taste**
With our mouths, we get to TASTE yummy food and drinks! What is something you like to TASTE?
When you are old enough, you can wear a mask to help stop germs. Circle your age.

If you are 2 or older, you can wear a mask!

When someone wears a mask, it can be hard to tell how they are feeling. Look at their eyes and eyebrows for clues.

How are they feeling today?

____________________

____________________

____________________

When you wear a mask, it should cover your nose and your mouth. Trace the dotted line to put a mask on the fox’s face.
Help Smart Cat choose which items should go in his First Aid Kit! Circle all of the items that belong in the kit. Then, with the permission of your parents or guardian, try to put together your own First Aid Kit at home!
Smart Cat has great friends! They are nice, forgiving, smart, honest, helpful and fun! In the space below, draw three friends that you either have or want. Explain what characteristics make them good friends.
Eddie from EdVenture, FirstSteps Fox and Smart Cat are all different and they have so much fun together. You can be different and be friends!
Use your manners to complete the puzzle. Fill in the blanks with the correct word or phrase.

Across
2. When someone gives you a gift you say
4. When others say thank you, respond by saying
6. This is a word used to apologize
7. A word used to greet others

Down
1. It is polite to say this when you are asking for something
3. If you are waiting on something, you should always be this
5. When you need to get someone’s attention or squeeze by them you say

1. Please
2. Thank you
3. Patient
4. You are welcome
5. Excuse me
6. Sorry
7. Hello

Good Manners are Key!
After you complete each activity, check off the square. Once you get five in a row, you have **BINGO**.

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<thead>
<tr>
<th>Drink 6-8 glasses of water</th>
<th>Create your own exercise routine</th>
<th>Eat a fruit</th>
<th>Write down 5 reasons you are happy</th>
<th>Draw things that are in a doctors office</th>
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<tbody>
<tr>
<td>Make a card for someone</td>
<td>Compliment a friend or family member</td>
<td>Draw or create a first aid kit</td>
<td>Cover your mouth when you sneeze or cough</td>
<td>Eat or help cook a healthy meal</td>
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<tr>
<td>I love me</td>
<td>Say “I love me”</td>
<td>Free space!</td>
<td>Read a story out loud</td>
<td>Go outside and play</td>
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<tr>
<td>Wear a helmet when riding a bike, scooter, or skating</td>
<td>Create a song about yourself</td>
<td>Get 8 hours of sleep</td>
<td>Make a good decision</td>
<td>Thank someone for something</td>
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<tr>
<td>Create a collage of things that make you happy</td>
<td>Build something using household items</td>
<td>Wash your hands</td>
<td>Eat a vegetable</td>
<td>Write or draw a story</td>
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**BINGO with Smart Cat**

Once upon a time...
Eating fruit, vegetables, and lean meat are very important! Do you know how to create a healthy meal? Use the Healthy ABC stickers or be a chef-artist and create three healthy meals on the plates below.

Help me make some healthy snacks!
Can you find these things in your home? Write down what you find in the space below each item. You can also draw or cut and paste your answers.

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<th>Find a fruit with seeds</th>
<th>Find something that makes you feel happy</th>
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<td>Find a vegetable that is green</td>
<td>Find something you can exercise with</td>
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<td>Find something that belongs in a first aid kit</td>
<td>Find something or someone you love</td>
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<td>Find something you would see at the doctor or dentist’s office</td>
<td>Find one book or TV show about friendship</td>
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<td>Find one place you can wash your hands at</td>
<td>Find one food without sugar</td>
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Can you help Smart Cat organize his picture collection? Match each picture of a Natural Wonder of South Carolina with the correct name? Try it!

Carolina Bays
Angel Oak of St. John’s Island
Raven Cliff Falls
Congaree National Park
Centennial Tree

I love taking pictures of South Carolina’s beautiful places.
Smart Cat loves technology! Can you help him identify his tech devices? Trace the name of each device!

Smartphone
Video Game
Laptop
Keyboard
Headphones
Tablet
Mouse
Learning to Tell Time with Smart Cat

Look at the clocks below and circle the correct time for each one. In the last clock, draw the minute and hour hands to tell Smart Cat your bedtime.

10:00 or 3:00
2:30 or 8:30
2:00 or 12:00
2:45 or 9:30
6:30 or 3:30

I wonder what time a kid like me should go to bed?
Smart Cat wants some new pajamas! Help us design Smart Cat’s pajamas below and color in his room.
Fill in the blanks with words from the word bank below and then read aloud the Smart Cat pledge!

I am Smart Cat __________. I am __________, on the move, and I __________ to my own groove.
Everyday I improve because I´m striving to be __________. Like the mountains and the sea, I am a __________ in our state. I learn and grow more every year. I´m on my way to my __________.
There is nothing I can´t __________. I´m a __________ kid in SC.

_____________________
Sign here!

**Word Bank**

Healthy
Career
Dance
Smart

Great
Approved
Be
Treasure
Thank you to all of our early learning partners, parents, caregivers, and community supporters. Special thanks to the SCETV Communications and Underwriting team for their ongoing partnership and support.
Tomorrow’s architects, bankers, doctors, and more are waiting to learn today.

EdVenture Children’s Museum creates opportunities for all children to dream, wonder, and learn through play and hands-on experiences.
South Carolina ETV (SCETV) is the state’s public educational broadcasting network. Using television, radio and diverse digital properties, SCETV’s mission is to enrich lives by educating children, informing and connecting citizens, celebrating our culture and environment and instilling the joy of learning. SCETV currently presents “Carolina Classrooms,” “Expeditions,” “Making it Grow,” “Palmetto Scene,” “Reconnecting Roots,” “Reel South,” “Somewhere South,” “This Week in South Carolina,” “Yoga in Practice” and “Live from Charleston Music Hall” on public television in addition to the national radio production, “Chamber Music from Spoleto Festival USA.”