

[Animals in Action](#)

Grades: K - Gr. 2 Runtime: 20:00 ©2005 Discovery Channel School

[All Fit with Slim Goodbody: Posture](#)

Grades: K - Gr. 2 Runtime: 15:00 ©1987 Slim Goodbody

[All Fit with Slim Goodbody: Fitness](#)

Grades: K - Gr. 2 Runtime: 15:00 ©1987 Slim Goodbody

[All Fit with Slim Goodbody: Training Principles](#)

Grades: K - Gr. 2 Runtime: 15:00 ©1987 Slim Goodbody

[All Fit with Slim Goodbody: Lifetime Fitness](#)

Grades: K - Gr. 2 Runtime: 15:00 ©1987 Slim Goodbody

[All Fit with Slim Goodbody: Cardiorespiratory Fitness](#)

Grades: K - Gr. 2 Runtime: 15:00 ©1987 Slim Goodbody

[Mighty Me Training Camp](#)

Grades: K - Gr. 2 Runtime: 36:12 ©2003 United Learning

[Mental Energizer](#)

Grades: K - Gr. 3 Runtime: 13:00 ©1999 100% Educational Videos

[Primary Locomotor Movements](#)

Grades: K - Gr. 3 Runtime: 20:00 ©1998 100% Educational Videos

[Why Exercise?](#)

Grades: Gr. 3 - Gr. 5 Runtime: 15:00 ©2002 United Learning

[Enviro-Tacklebox: Module 1: Science in Personal and Social Perspective: Exercise: The Motion Potion](#)

Grades: Gr. 6 - Gr. 8 Runtime: 20:24 ©1999 Louisiana Public Broadcasting

[Exercise: Feel Good, Think Sharp, Look Your Best](#)

Grades: Gr. 6 - Gr. 8 Runtime: 15:00 ©2002 United Learning *****

[Body Image: All-Star Fitness](#)

Grades: Gr. 9 - Gr. 12 Runtime: 55:29 ©2005 Discovery Channel School

[Exercise: Feel Good, Think Sharp, Look Your Best](#)

Grades: Gr. 6 - Gr. 8 Runtime: 15:00 ©2002 United Learning *****

[Body Image: All-Star Fitness](#)

Grades: Gr. 9 - Gr. 12 Runtime: 55:29 ©2005 Discovery Channel School

[Overcoming Eating Disorders](#)

Grades: Gr. 9 - Gr. 12 Runtime: 55:29 ©2005 Discovery Channel School

[Primary Health and Safety: Germs and Disease](#)

Grades: K - Gr. 2 Runtime: 11:00 ©1999 United Learning

[Primary Health and Safety: Feeling Good with Good Hygiene](#)

Grades: K - Gr. 2 Runtime: 10:00 ©1999 United Learning *****

[Keeping Clean: Handwashing for Health](#)

Grades: K - Gr. 2 Runtime: 17:00 ©1999 100% Educational Videos

[Primary Health and Safety: I Can Be Safe!](#)

Grades: K - Gr. 2 Runtime: 13:00 ©1999 United Learning

[My Only Me](#)

Grades: K - Gr. 2 Runtime: 14:55 ©1990 United Learning

[Life Science: Health](#)

Grades: Gr. 6 - Gr. 8 Runtime: 20:00 ©2002 Discovery Channel School *****

[Managing Your Health: Weight Control](#)

Grades: Gr. 6 - Gr. 8 Runtime: 24:40 ©2004 Discovery Channel School *****

[Inside Story: Your Body, Your Health](#)

Grades: Gr. 6 - Gr. 8 Runtime: 54:00 ©2004 Discovery Channel School

[Managing Your Health: Addiction](#)

Grades: Gr. 6 - Gr. 8 Runtime: 24:30 ©2004 Discovery Channel School

[Live Right, Grow Right: It's the Only Body You've Got](#)

Grades: Gr. 6 - Gr. 8 Runtime: 27:00 ©1997 Rainbow Educational Media

[Your Genes: Your Future](#)

Grades: Gr. 6 - Gr. 8 Runtime: 54:00 ©2004 Discovery Channel School

[Trouble with Tobacco, The](#)

Grades: Gr. 6 - Gr. 8 Runtime: 10:30 ©1995 United Learning

[Nutrition and Digestive Health: Eating for your Future](#)

Grades: Gr. 9 - Gr. 12 Runtime: 55:38 ©2005 Discovery Channel School *****

[Careers for the 21st Century: Health Service Occupations](#)

Grades: Gr. 9 - Gr. 12 Runtime: 49:00 ©1997 United Learning

[Careers for the 21st Century: Health Assessment and Treating Occupations](#)

Grades: Gr. 9 - Gr. 12 Runtime: 45:00 ©1997 United Learning

[Managing Your Health: Depression](#)

Grades: Gr. 9 - Gr. 12 Runtime: 22:58 ©2004 Discovery Channel School

[Nutrition and Digestive Health: Recovering from Bad Eating](#)

Grades: Gr. 9 - Gr. 12 Runtime: 55:34 ©2005 Discovery Channel School

[Steroids: The Hormonal Timebomb](#)

Grades: Gr. 6 - Gr. 8 Runtime: 20:43 ©1997 United Learning

[Anemia: The Silent Shadow](#)

Grades: Gr. 9 - Gr. 12 Runtime: 12:00 ©1995 United Learning

[Live Right, Grow Right: It's the Only Body You've Got](#)

Grades: Gr. 6 - Gr. 8 Runtime: 27:00 ©1997 Rainbow Educational Media

[Smile Guide, The: Dental Care for Children: Age 3-12](#)

Grades: K - Gr. 2 Runtime: 13:00 ©2002 United Learning

[Life Science: Health](#)

Grades: Gr. 6 - Gr. 8 Runtime: 20:00 ©2002 Discovery Channel School

[Nutrition for Young Moms: Pregnant and Growing](#)

Grades: Gr. 9 - Gr. 12 Runtime: 15:00 ©1998 United Learning

[Nutrition for Young Moms: Be All You Can Be](#)

Grades: Gr. 9 - Gr. 12 Runtime: 13:00 ©1998 United Learning

[Active Me, Healthy Me: Being Active During and After Pregnancy](#)

Grades: Gr. 9 - Gr. 12 Runtime: 13:00 ©2002 United Learning

[Lily Series: Lily Feeds Her Growing Family](#)

Grades: Gr. 9 - Gr. 12 Runtime: 13:00 ©1993 United Learning

[Breastfeeding: The Best Beginning](#)

Grades: K - Everyone Runtime: 13:00 ©2002 United Learning

[Breastfeeding Basics: From Birth to One Year](#)

Grades: K - Everyone Runtime: 13:00 ©2002 United Learning

[Childbirth Series, The: Coming Home](#)

Grades: Gr. 9 - Gr. 12 Runtime: 14:00 ©1996 United Learning

[Lily Series: Health During Pregnancy: Lily Looks Back](#)

Grades: Gr. 9 - Gr. 12 Runtime: 12:00 ©1994 United Learning

[Lily Series: Lily's Ten Ideas for Being a Better Parent](#)

Grades: Gr. 9 - Gr. 12 Runtime: 10:00 ©2000 United Learning

[Active Me, Healthy Me: Being Active At Child Care](#)

Grades: Gr. 9 - Gr. 12 Runtime: 13:00 ©2002 United Learning

[Wexford Series, The: Abuse in Relationships: What to Be Aware Of](#)

Grades: Gr. 6 - Gr. 8 Runtime: 22:56 ©1998 United Learning

[When Should You Tell? Dealing with Abuse \(A Sunburst Title\)](#)

Grades: Gr. 3 - Gr. 5 Runtime: 14:00 ©1995 Sunburst

[Katie's Secret](#)

Grades: Gr. 6 - Gr. 8 Runtime: 14:00 ©1996 United Learning

[When Dating Turns Dangerous \(A Sunburst Title\)](#)

Grades: Gr. 6 - Gr. 8 Runtime: 38:00 ©1995 Sunburst

[Hooked: The Addiction Trap - Part 1: What is Addiction?](#)

• Tobacco • Gambling • Alcohol • The Internet • Drugs • Sex
Grades: Gr. 6 - Gr. 8 Runtime: 25:40 ©1999 United Learning

[AIDS: A Changing Epidemic](#)

Grades: Gr. 9 - Gr. 12 Runtime: 49:30 ©2002 Discovery Channel School

[Nutrition and Exercise with Jack the Apple: Five a Day with Jack the Apple](#)

Grades: K - Gr. 2 Runtime: 11:19 ©1999 United Learning

[Nutrition and Exercise with Jack the Apple: Choosing Foods with Jack the Apple](#)

Grades: K - Gr. 2 Runtime: 11:58 ©1999 United Learning

[Nutrition and Exercise with Jack the Apple: Getting Active with Jack the Apple](#)

Grades: K - Gr. 2 Runtime: 11:39 ©1999 United Learning

[Food and Nutrition 2](#)

Grades: Gr. 3 - Gr. 8 Runtime: 16:00 ©2000 100% Educational Videos

[Inside Story with Slim Goodbody, The: Down, Down, Down: The Inside Story of Digestion](#)

Grades: Gr. 3 - Gr. 5 Runtime: 14:33 ©1980 Slim Goodbody

[Daily Food Choices for Healthy Living](#)

Grades: Gr. 3 - Gr. 5 Runtime: 21:13 ©1997 United Learning

[Nutrition and Exercise: Teen Wellness \(A Sunburst Title\)](#)

Grades: Gr. 6 - Gr. 8 Runtime: 25:00 ©1996 Sunburst

[Managing Your Health: Weight Control](#)

Grades: Gr. 6 - Gr. 8 Runtime: 24:40 ©2004 Discovery Channel School

[Nutrition and Digestive Health: Eating for your Future](#)

Grades: Gr. 9 - Gr. 12 Runtime: 55:38 ©2005 Discovery Channel School

[Dr. Dad's PH3: Episode Twelve: Nutrition](#)

Grades: Gr. 9 - Gr. 12 Runtime: 14:11 ©1995 Louisiana Public Broadcasting

[Nutrition and Digestive Health: Recovering from Bad Eating](#)

Grades: Gr. 9 - Gr. 12 Runtime: 55:34 ©2005 Discovery Channel School